



Attention Members:

New CMS Regulation Allows You Easier Access to Your Health Information

The Centers for Medicare & Medicaid Services (CMS) recently finalized its rule on interoperability. Here is what you need to know.

What is interoperability?

Interoperability allows health information systems to work together within and across organizations. This ability will advance effective delivery of health care for individuals and communities. It requires insurance companies to provide patient health information—including claims, clinical information, and pharmacy and provider directories—in an electronic format that can be shared.

Why is it important?

Interoperability allows members access to their health information on a mobile device or other electronic device in a secure way for personal use. Members can share their data with health care providers to coordinate and improve care.

How does it work?

You are in control of your health information. You will have the ability to authorize the release of your data to mobile applications (apps) of your choice so that you can view your data. Keep in mind, these apps are not owned or operated by your health plan.

What do I need to know?

Health information is a private matter. Members should be careful to choose apps with strong privacy and security standards. Stanford Health Care Advantage will provide guidelines and suggestions for what members should consider when authorizing an app.

When will your health information be available?

Stanford Health Care Advantage is taking the necessary actions to implement policies and procedures to comply with the new CMS regulations. We will keep our members updated as progress is made.