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**Mary Washington**  
Medicare Advantage

Effective: 06/01/2023

Last updated: 05/16/2023



**2023**

Step Therapy  
Requirements

# CONSTIPATION AGENTS - PST

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## Products Affected

### Step 1:

- Linzess 145 mcg capsule
- Linzess 290 mcg capsule
- Linzess 72 mcg capsule
- Trulance 3 mg tablet

### Step 2:

- Motegrity 1 mg tablet
- Motegrity 2 mg tablet

## Details

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<b>Criteria</b>	If the patient has tried one Step 1 product, approve the requested step 2 drug.
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# DEXTROMETHORPHAN/BUPROPION

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## Products Affected

### Step 1:

- bupropion HCl 100 mg tablet
- bupropion HCl 75 mg tablet
- bupropion HCl SR 100 mg tablet,12 hr sustained-release
- bupropion HCl SR 150 mg tablet,12 hr sustained-release
- bupropion HCl SR 200 mg tablet,12 hr sustained-release
- bupropion HCl XL 150 mg 24 hr tablet, extended release
- bupropion HCl XL 300 mg 24 hr tablet, extended release
- citalopram 10 mg tablet
- citalopram 10 mg/5 mL oral solution
- citalopram 20 mg tablet
- citalopram 40 mg tablet
- desvenlafaxine succinate ER 100 mg tablet,extended release 24 hr
- desvenlafaxine succinate ER 25 mg tablet,extended release 24 hr
- desvenlafaxine succinate ER 50 mg tablet,extended release 24 hr
- duloxetine 20 mg capsule,delayed release
- duloxetine 30 mg capsule,delayed release
- duloxetine 60 mg capsule,delayed release
- escitalopram 10 mg tablet
- escitalopram 20 mg tablet
- escitalopram 5 mg tablet
- escitalopram 5 mg/5 mL oral solution
- fluoxetine (PMDD) 10 mg tablet
- fluoxetine (PMDD) 20 mg tablet
- fluoxetine 10 mg capsule
- fluoxetine 10 mg tablet
- fluoxetine 20 mg capsule
- fluoxetine 20 mg tablet
- fluoxetine 20 mg/5 mL (4 mg/mL) oral solution
- fluoxetine 40 mg capsule
- fluoxetine 90 mg capsule,delayed release
- fluvoxamine 100 mg tablet
- fluvoxamine 25 mg tablet
- fluvoxamine 50 mg tablet
- fluvoxamine ER 100 mg capsule,extended release 24 hr
- fluvoxamine ER 150 mg capsule,extended release 24 hr
- nefazodone 100 mg tablet
- nefazodone 150 mg tablet
- nefazodone 200 mg tablet
- nefazodone 250 mg tablet
- nefazodone 50 mg tablet
- paroxetine 10 mg tablet
- paroxetine 10 mg/5 mL oral suspension
- paroxetine 20 mg tablet
- paroxetine 30 mg tablet
- paroxetine 40 mg tablet
- paroxetine ER 12.5 mg tablet,extended release 24 hr
- paroxetine ER 25 mg tablet,extended release 24 hr
- paroxetine ER 37.5 mg tablet,extended release 24 hr
- sertraline 100 mg tablet
- sertraline 20 mg/mL oral concentrate
- sertraline 25 mg tablet
- sertraline 50 mg tablet
- venlafaxine 100 mg tablet
- venlafaxine 25 mg tablet
- venlafaxine 37.5 mg tablet
- venlafaxine 50 mg tablet
- venlafaxine 75 mg tablet
- venlafaxine ER 150 mg capsule,extended release 24 hr
- venlafaxine ER 37.5 mg capsule,extended release 24 hr
- venlafaxine ER 75 mg capsule,extended release 24 hr
- vilazodone 10 mg tablet
- vilazodone 20 mg tablet
- vilazodone 40 mg tablet

**Step 2:**

- Auvelity 45 mg-105 mg tablet, extended release

**Details**

<b>Criteria</b>	Approve if the patient has tried a generic SSRI OR SNRI AND separately tried bupropion. Approve Auvelity if the patient has suicidal ideation without a trial of a Step 1 drug. Approve Auvelity if the patient is currently receiving Auvelity or has taken Auvelity in the past.
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# HMG CO-A REDUCTASE INHIBITORS

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## Products Affected

### Step 1:

- amlodipine 10 mg-atorvastatin 10 mg tablet
- amlodipine 10 mg-atorvastatin 20 mg tablet
- amlodipine 10 mg-atorvastatin 40 mg tablet
- amlodipine 10 mg-atorvastatin 80 mg tablet
- amlodipine 2.5 mg-atorvastatin 10 mg tablet
- amlodipine 2.5 mg-atorvastatin 20 mg tablet
- amlodipine 2.5 mg-atorvastatin 40 mg tablet
- amlodipine 5 mg-atorvastatin 10 mg tablet
- amlodipine 5 mg-atorvastatin 20 mg tablet
- amlodipine 5 mg-atorvastatin 40 mg tablet
- amlodipine 5 mg-atorvastatin 80 mg tablet
- atorvastatin 10 mg tablet
- atorvastatin 20 mg tablet
- atorvastatin 40 mg tablet
- atorvastatin 80 mg tablet
- ezetimibe 10 mg-simvastatin 10 mg tablet
- ezetimibe 10 mg-simvastatin 20 mg tablet
- ezetimibe 10 mg-simvastatin 40 mg tablet
- ezetimibe 10 mg-simvastatin 80 mg tablet
- fluvastatin 20 mg capsule
- fluvastatin 40 mg capsule
- lovastatin 10 mg tablet
- lovastatin 20 mg tablet
- lovastatin 40 mg tablet
- pravastatin 10 mg tablet
- pravastatin 20 mg tablet
- pravastatin 40 mg tablet
- pravastatin 80 mg tablet
- rosuvastatin 10 mg tablet
- rosuvastatin 20 mg tablet
- rosuvastatin 40 mg tablet
- rosuvastatin 5 mg tablet
- simvastatin 10 mg tablet
- simvastatin 20 mg tablet
- simvastatin 40 mg tablet
- simvastatin 5 mg tablet
- simvastatin 80 mg tablet

### Step 2:

- Livalo 1 mg tablet
- Livalo 2 mg tablet
- Livalo 4 mg tablet

## Details

<b>Criteria</b>	If the patient has tried one step 1 drug, approve Livalo. If the patient has tried a brand name version of the step 1 generic drug in the past, approve Livalo without a trial of a step 1 drug.
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# ORAL BISPHOSPHONATES

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## Products Affected

### Step 1:

- alendronate 10 mg tablet
- alendronate 35 mg tablet
- alendronate 70 mg tablet
- alendronate 70 mg/75 mL oral solution
- ibandronate 150 mg tablet
- risedronate 150 mg tablet
- risedronate 30 mg tablet
- risedronate 35 mg tablet
- risedronate 35 mg tablet (12 pack)
- risedronate 35 mg tablet (4 pack)
- risedronate 35 mg tablet, delayed release
- risedronate 5 mg tablet

### Step 2:

- Fosamax Plus D 70 mg-2,800 unit tablet
- Fosamax Plus D 70 mg-5,600 unit tablet

## Details

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<b>Criteria</b>	If the patient has tried two Step 1 drugs, approve the requested Step 2 drug.
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## Index

### A

alendronate 10 mg tablet .....5  
alendronate 35 mg tablet .....5  
alendronate 70 mg tablet .....5  
alendronate 70 mg/75 mL oral solution .....5  
amlodipine 10 mg-atorvastatin 10 mg tablet  
.....4  
amlodipine 10 mg-atorvastatin 20 mg tablet  
.....4  
amlodipine 10 mg-atorvastatin 40 mg tablet  
.....4  
amlodipine 10 mg-atorvastatin 80 mg tablet  
.....4  
amlodipine 2.5 mg-atorvastatin 10 mg tablet  
.....4  
amlodipine 2.5 mg-atorvastatin 20 mg tablet  
.....4  
amlodipine 2.5 mg-atorvastatin 40 mg tablet  
.....4  
amlodipine 5 mg-atorvastatin 10 mg tablet .4  
amlodipine 5 mg-atorvastatin 20 mg tablet .4  
amlodipine 5 mg-atorvastatin 40 mg tablet .4  
amlodipine 5 mg-atorvastatin 80 mg tablet .4  
atorvastatin 10 mg tablet .....4  
atorvastatin 20 mg tablet .....4  
atorvastatin 40 mg tablet .....4  
atorvastatin 80 mg tablet .....4  
Auvelity 45 mg-105 mg tablet, extended  
release .....3

### B

bupropion HCl 100 mg tablet .....2, 3  
bupropion HCl 75 mg tablet .....2, 3  
bupropion HCl SR 100 mg tablet,12 hr  
sustained-release .....2, 3  
bupropion HCl SR 150 mg tablet,12 hr  
sustained-release .....2, 3  
bupropion HCl SR 200 mg tablet,12 hr  
sustained-release .....2, 3  
bupropion HCl XL 150 mg 24 hr tablet,  
extended release .....2, 3  
bupropion HCl XL 300 mg 24 hr tablet,  
extended release .....2, 3

### C

citalopram 10 mg tablet .....2, 3

citalopram 10 mg/5 mL oral solution .....2, 3  
citalopram 20 mg tablet .....2, 3  
citalopram 40 mg tablet .....2, 3

### D

desvenlafaxine succinate ER 100 mg  
tablet,extended release 24 hr .....2, 3  
desvenlafaxine succinate ER 25 mg  
tablet,extended release 24 hr .....2, 3  
desvenlafaxine succinate ER 50 mg  
tablet,extended release 24 hr .....2, 3  
duloxetine 20 mg capsule,delayed release ..2,  
3  
duloxetine 30 mg capsule,delayed release ..2,  
3  
duloxetine 60 mg capsule,delayed release ..2,  
3

### E

escitalopram 10 mg tablet .....2, 3  
escitalopram 20 mg tablet .....2, 3  
escitalopram 5 mg tablet .....2, 3  
escitalopram 5 mg/5 mL oral solution .....2, 3  
ezetimibe 10 mg-simvastatin 10 mg tablet .4  
ezetimibe 10 mg-simvastatin 20 mg tablet .4  
ezetimibe 10 mg-simvastatin 40 mg tablet .4  
ezetimibe 10 mg-simvastatin 80 mg tablet .4

### F

fluoxetine (PMDD) 10 mg tablet .....2, 3  
fluoxetine (PMDD) 20 mg tablet .....2, 3  
fluoxetine 10 mg capsule .....2, 3  
fluoxetine 10 mg tablet .....2, 3  
fluoxetine 20 mg capsule .....2, 3  
fluoxetine 20 mg tablet .....2, 3  
fluoxetine 20 mg/5 mL (4 mg/mL) oral  
solution .....2, 3  
fluoxetine 40 mg capsule .....2, 3  
fluoxetine 90 mg capsule,delayed release2, 3  
fluvastatin 20 mg capsule .....4  
fluvastatin 40 mg capsule .....4  
fluvoxamine 100 mg tablet .....2, 3  
fluvoxamine 25 mg tablet .....2, 3  
fluvoxamine 50 mg tablet .....2, 3  
fluvoxamine ER 100 mg capsule,extended  
release 24 hr .....2, 3

fluvoxamine ER 150 mg capsule,extended  
release 24 hr ..... 2, 3

Fosamax Plus D 70 mg-2,800 unit tablet ....5

Fosamax Plus D 70 mg-5,600 unit tablet ....5

**I**

ibandronate 150 mg tablet .....5

**L**

LinzeSS 145 mcg capsule.....1

LinzeSS 290 mcg capsule.....1

LinzeSS 72 mcg capsule .....1

Livalo 1 mg tablet.....4

Livalo 2 mg tablet.....4

Livalo 4 mg tablet.....4

lovastatin 10 mg tablet .....4

lovastatin 20 mg tablet .....4

lovastatin 40 mg tablet .....4

**M**

Motegrity 1 mg tablet .....1

Motegrity 2 mg tablet .....1

**N**

nefazodone 100 mg tablet ..... 2, 3

nefazodone 150 mg tablet ..... 2, 3

nefazodone 200 mg tablet ..... 2, 3

nefazodone 250 mg tablet ..... 2, 3

nefazodone 50 mg tablet ..... 2, 3

**P**

paroxetine 10 mg tablet..... 2, 3

paroxetine 10 mg/5 mL oral suspension.. 2, 3

paroxetine 20 mg tablet..... 2, 3

paroxetine 30 mg tablet..... 2, 3

paroxetine 40 mg tablet..... 2, 3

paroxetine ER 12.5 mg tablet,extended

release 24 hr ..... 2, 3

paroxetine ER 25 mg tablet,extended release

24 hr..... 2, 3

paroxetine ER 37.5 mg tablet,extended

release 24 hr ..... 2, 3

pravastatin 10 mg tablet .....4

pravastatin 20 mg tablet .....4

pravastatin 40 mg tablet .....4

pravastatin 80 mg tablet ..... 4

**R**

risedronate 150 mg tablet ..... 5

risedronate 30 mg tablet ..... 5

risedronate 35 mg tablet ..... 5

risedronate 35 mg tablet (12 pack) ..... 5

risedronate 35 mg tablet (4 pack)..... 5

risedronate 35 mg tablet,delayed release .... 5

risedronate 5 mg tablet ..... 5

rosuvastatin 10 mg tablet..... 4

rosuvastatin 20 mg tablet..... 4

rosuvastatin 40 mg tablet..... 4

rosuvastatin 5 mg tablet ..... 4

**S**

sertraline 100 mg tablet..... 2, 3

sertraline 20 mg/mL oral concentrate ..... 2, 3

sertraline 25 mg tablet..... 2, 3

sertraline 50 mg tablet..... 2, 3

simvastatin 10 mg tablet..... 4

simvastatin 20 mg tablet..... 4

simvastatin 40 mg tablet..... 4

simvastatin 5 mg tablet ..... 4

simvastatin 80 mg tablet..... 4

**T**

Trulance 3 mg tablet ..... 1

**V**

venlafaxine 100 mg tablet ..... 2, 3

venlafaxine 25 mg tablet ..... 2, 3

venlafaxine 37.5 mg tablet ..... 2, 3

venlafaxine 50 mg tablet ..... 2, 3

venlafaxine 75 mg tablet ..... 2, 3

venlafaxine ER 150 mg capsule,extended

release 24 hr ..... 2, 3

venlafaxine ER 37.5 mg capsule,extended

release 24 hr ..... 2, 3

venlafaxine ER 75 mg capsule,extended

release 24 hr ..... 2, 3

vilazodone 10 mg tablet ..... 2, 3

vilazodone 20 mg tablet ..... 2, 3

vilazodone 40 mg tablet ..... 2, 3