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## EXHIBIT 1: MODEL INDIVIDUAL ENROLLMENT REQUEST FORM TO ENROLL IN A MEDICARE ADVANTAGE PLAN (PART C) OR MEDICARE PRESCRIPTION DRUG PLAN (PART D)

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### Who can use this form?

People with Medicare who want to join a Medicare Advantage Plan or Medicare Prescription Drug Plan.

### To join a plan, you must

- Be a United States citizen or be lawfully present in the U.S.
- Live in the plan's service area.

**Important:** To join a Medicare Advantage Plan, you must also have both:

- Medicare Part A (Hospital Insurance)
- Medicare Part B (Medical Insurance)

### When do I use this form?

You can join a plan:

- Between October 15-December 7 each year (for coverage starting January 1)
- Within 3 months of first getting Medicare
- In certain situations where you're allowed to join or switch plans

Visit [Medicare.gov](https://www.Medicare.gov) to learn more about when you can sign up for a plan.

### What do I need to complete this form?

- Your Medicare Number (the number on your red, white, and blue Medicare Card)
- Your permanent address and phone number.

**Note:** You must complete all items in Section 1. The items in Section 2 are optional – you can't be denied coverage because you don't fill them out.

### Reminders:

- If you want to join a plan during fall open enrollment (October 15 – December 7), the plan must get your completed form by December 7.
- Your plan will send you a bill for the plan's premium. You can choose to sign up to have your premium payments deducted from your bank account or your monthly Social Security (or Railroad Retirement Board) benefit.

### What happens next?

Send your completed and signed form to:  
Mary Washington Medicare Advantage  
P.O. Box 12487  
St. Louis, MO 63132

Once they process your request to join, they'll contact you.

### How do I get help with this form?

Call Mary Washington Medicare Advantage at 855-919-0855. TTY users can call 711.

Or, call Medicare at 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048.

**En español:** Llame a Mary Washington Medicare Advantage al 855-919-0855 (TTY: 711) o a Medicare gratis al 1-800-633-4227 y oprima el 2 para asistencia en español y un representante estará disponible para asistirle.

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-NEW. The time required to complete this information is estimated to average 20 minutes per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have any comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

**IMPORTANT:** Do not send this form or any items with your personal information (such as claims, payments, medical records, etc.) to the PRA Reports Clearance Office. Any items we get that aren't about how to improve this form or its collection burden (outlined in OMB 0938-1378) will be destroyed. It will not be kept, reviewed, or forwarded to the plan. See "What happens next?" on this page to send your completed form to the plan.

Please contact Mary Washington Medicare Advantage (HMO) Sales at 855-919-0855 if you need assistance completing this form. TTY users call the national relay service toll free at 711.

**Section 1 - All fields on this page are required (unless marked optional)**

**Select the plan you want to join:**

- Mary Washington Medicare Advantage Complete (HMO) 001 – (City of Fredericksburg and Virginia Counties of Caroline, King George, Orange, Spotsylvania, and Stafford) \$0 per month
- Mary Washington Medicare Advantage Rewards (HMO) 002 – (City of Fredericksburg and Virginia Counties of Caroline, King George, Orange, Spotsylvania, and Stafford) \$0 per month

**Optional Supplemental Benefits:** Comprehensive Dental  Yes  No

You can add optional supplemental benefits (comprehensive dental services) for \$27 per month. The monthly premium for your supplemental benefits will be in addition to your monthly plan premium, if applicable.

FIRST Name: \_\_\_\_\_ LAST Name: \_\_\_\_\_ Optional: Middle Initial: \_\_\_\_\_

Birth Date: ( _ _ / _ _ / _ _ _ _ ) ( M M / D D / Y Y Y Y )	Sex: <input type="checkbox"/> Male <input type="checkbox"/> Female	Phone Number: (   )
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Permanent Residence street address (Don't enter a PO Box): \_\_\_\_\_ Optional: County: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Mailing Address, if different from your permanent address (PO Box allowed):

Street Address

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

**Your Medicare Information**

**Medicare Number:** \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

**Answer these important questions:**

Will you have other prescription drug coverage (like VA, TRICARE) in addition to Mary Washington Medicare Advantage?  Yes  No

If "yes," please list your other coverage and your identification (ID) number(s) for this coverage.

Name of other coverage: \_\_\_\_\_ Member number for this coverage: \_\_\_\_\_ Group number for this coverage: \_\_\_\_\_

\_\_\_\_\_

**IMPORTANT: Read and Sign Below:**

- I must keep both Hospital (Part A) and Medical (Part B) to stay in Mary Washington Medicare Advantage.
- By joining this Medicare Advantage plan, I acknowledge that Mary Washington Medicare Advantage will share my information with Medicare, who may use it to track my enrollment, to make payments, and for other purposes allowed by Federal Law that authorize the collection of this information (see Privacy Act Statement below).
- Your response to this form is voluntary. However, failure to respond may affect enrollment in the plan.

- The information on this enrollment form is correct to the best of my knowledge. I understand that if I intentionally provide false information on this form, I will be disenrolled from the plan.
- I understand that people with Medicare are generally not covered under Medicare while out of the country, except for limited coverage near the U.S. border.
- I understand that when my Mary Washington Medicare Advantage coverage begins, I must get all of my medical and prescription drug benefits from Mary Washington Medicare Advantage. Benefits and services provided by Mary Washington Medicare Advantage and contained in my Mary Washington Medicare Advantage "Evidence of Coverage" document (also known as a member contract or subscriber agreement) will be covered. Neither Medicare nor Mary Washington Medicare Advantage will pay for benefits or services that are not covered. I will read the Evidence of Coverage document from Mary Washington Medicare Advantage when I get it to know which rules I must follow to get coverage with this Medicare Advantage plan.
- Once I am a member of Mary Washington Medicare Advantage, I understand that I have the right to appeal plan decisions about payment or services if I disagree.
- I understand that enrollment in Mary Washington Medicare Advantage will automatically disenroll me from any other Medicare health plan and/or prescription drug plan.
- I understand that my signature (or the signature of the person legally authorized to act on my behalf) on this application means that I have read and understand the contents of this application. If signed by an authorized representative (as described above), this signature certifies that:
  - 1) This person is authorized under State law to complete this enrollment, and
  - 2) Documentation of this authority is available upon request by Medicare.

Optional Supplemental Benefits Conditions of Enrollment: If you checked "Yes" to add the optional supplemental benefits on page 1, please read the information below. By completing this enrollment application:

- I agree to adding the optional supplemental benefits, which includes comprehensive dental for \$27 per month. This amount is in addition to my Medicare premium and Mary Washington Medicare Advantage premiums that may apply.
- I understand the optional supplemental benefits are only available to members enrolled in a Mary Washington Medicare Advantage plan.
- I understand that I must get covered care from in-network providers, except for emergency or urgently needed services. If I receive services from an out-of-network provider, I will be responsible for all costs associated with those services.
- I understand that I may disenroll from the optional supplemental benefits at any time and that disenrollment from the optional supplemental benefits will not disenroll from me from my Medicare Advantage plan with Mary Washington Medicare Advantage. If I disenroll, I won't be eligible to enroll again until the next Mary Washington Medicare Advantage valid optional supplemental benefits enrollment period.
- I understand that my continued enrollment in the optional supplemental benefits is contingent upon continued enrollment in the Mary Washington Medicare Advantage plan. Disenrollment from the Mary Washington Medicare Advantage plan will result in automatic disenrollment from the optional supplemental benefits.

**Signature:**

**Today's Date:**

If you are the authorized representative, sign above and fill out these fields:

Name:	Relationship to Enrollee:	Phone Number:	
Address:	City:	State:	Zip Code:

**Section 2- All fields on this page are optional**

**Answering these questions is your choice. You can't be denied coverage because you don't fill them out.**

**Select one if you want us to send you information in a language other than English.**

- Spanish  Korean  Chinese  Arabic  Vietnamese

**Select one if you want us to send you information in an accessible format.**

- Braille  Large Print

Please contact Mary Washington Medicare Advantage at 855-919-0855 if you need information in an accessible format or language other than what's listed above. Our office hours are 8:00 AM – 8:00 PM, 7 days a week. You may receive a messaging service on weekends from April 1 through September 30 and holidays. TTY users can call 711.

E-mail address:

Do you work?  Yes  No

Does your spouse work?  Yes  No

**List your Primary Care Physician (PCP), Clinic or health center:**

Primary Care Physician (PCP): Dr. _____ (First Name) (Last Name)	PCP # from Provider Directory: <table border="1"><tr><td> </td><td> </td><td> </td><td> </td><td> </td><td> </td><td> </td><td> </td><td> </td><td> </td></tr></table>											Is this your current physician? <input type="checkbox"/> Yes <input type="checkbox"/> No

**STOP PLEASE READ THIS IMPORTANT INFORMATION STOP**

**If you currently have health coverage from an employer or union, joining Mary Washington Medicare Advantage could affect your employer or union health benefits. You could lose your employer or union health coverage if you join Mary Washington Medicare Advantage.** Read the communications your employer or union sends you. If you have questions, visit their website or contact the office listed in their communications. If there isn't any information on whom to contact, your benefits administrator or the office that answers questions about your coverage can help.

**Paying your plan premiums**

Whether you are enrolled in a premium or non-premium plan, you may pay your plan premium and any applicable Late Enrollment Penalty that you have or may owe **by automatic deduction from your Social Security (SSA) or Railroad Retirement Board (RRB) benefit check.** You may also choose to pay by check via mail each month.

**If you have to pay a Part-D Income Related Monthly Adjustment Amount (Part D-IRMAA), you must pay this extra amount in addition to your plan premium.** The amount is usually taken out of your Social Security Benefit, or you may get a bill from Medicare (or the RRB). DON'T pay Mary Washington Medicare Advantage the Part D-IRMAA.

People with limited incomes may qualify for Extra Help to pay for their prescription drug costs. If eligible, Medicare could pay for 75% or more of your drug costs including monthly prescription drug premiums, annual deductibles, and co-insurance. Additionally, those who qualify will not be subject to the coverage gap or a late enrollment penalty. Many people are eligible for these savings and don't even know it. For more information about this Extra Help, contact your local Social Security office, or call Social Security at 1-800-772-1213. TTY users should call 1-800-325-0778. You can also apply for Extra Help online at [www.socialsecurity.gov/prescriptionhelp](http://www.socialsecurity.gov/prescriptionhelp).

If you qualify for Extra Help with your Medicare prescription drug coverage costs, Medicare will pay all or part of your plan premium. If Medicare pays only a portion of this premium, we will bill you for the amount that Medicare doesn't cover.

**If you do not select one of the payment options below, you will receive a monthly invoice.**

**Please select a premium payment option:**

- Automatic deduction from your monthly Social Security or Railroad Retirement Board (RRB) benefit check.

I get monthly benefits from: \_\_\_ Social Security \_\_\_ RRB

It can take up to 90 days to receive SSA/RRB withhold acceptance. SSA/RRB will begin deducting on the date of acceptance. Members will receive an invoice for any months prior to the withhold acceptance date by SSA/RRB, which will be their responsibility to pay. In limited circumstances, Medicare may not allow for the SSA/RRB deduction option and may instruct the plan to directly bill the member. If this occurs, you will be notified in writing.

Direct Pay

You will receive a monthly invoice containing payment instructions.

**PRIVACY ACT STATEMENT**

The Centers for Medicare & Medicaid Services (CMS) collects information from Medicare plans to track beneficiary enrollment in Medicare Advantage (MA) or Prescription Drug Plans (PDP), improve care, and for the payment of Medicare benefits. Sections 1851 and 1860D-1 of the Social Security Act and 42 CFR §§ 422.50, 422.60, 423.30 and 423.32 authorize the collection of this information. CMS may use, disclose and exchange enrollment data from Medicare beneficiaries as specified in the System of Records Notice (SORN) “Medicare Advantage Prescription Drug (MARx)”, System No. 09-70-0588. Your response to this form is voluntary. However, failure to respond may affect enrollment in the plan.

**FOR OFFICE USE ONLY****Confirmation #** (Quick Entry or Phone Enroll):**Application Log #:****Plan ID #:****Effective Date of Coverage:****Election Periods:** **ICEP (I)** **IEP (E)** **2<sup>nd</sup> IEP (F)** **AEP (A)** **OEP (M)** **OEPI (T)****Special Election Periods:** (Must check all that apply)**SEP (S)**

- SPAP
- Loss of SNP
- Retro Entitlement
- Involuntary Loss/Cred. Coverage
- Contract/Plan Non-Renewal
- Contract Violations
- Contract Term – Immediate
- Contract Term – MAO
- Contract Term – CMS
- CMS Sanction
- FEMA/Disaster
- Other
- 5-Star SEP
- Plan Placed in Receivership
- CMS Identified Consistent Poor Performing Plan

**SEP (V)**

- Permanent Move

**SEP (W)**

- Gain or Loss of Employer Coverage

**SEP (L) Allowed once per Quarter**

- Dual Eligible/Has Medicaid
- Has Non-Dual with LIS

**SEP (U)**

- Gain/Loss/Change in Dual Eligible Status
- Gain/Loss/Change of Medicaid
- Gain/Loss/Change in Non-Dual LIS

**Producer Name:****Producer NPN:****Application Receipt Date:****Mary Washington**

Medicare Advantage

**Please return completed application to:**

Mary Washington Medicare Advantage

P.O. Box 12487

St. Louis, MO 63132

Please call 855-919-0855 for more information, including free language translation services, regarding your Mary Washington Medicare Advantage plan. TTY users call the national relay service toll free at 711. Our telephone lines are open 7 days a week from 8:00 a.m. to 8:00 p.m. You may receive a messaging service on weekends from April 1 through September 30 and holidays. Please leave a message and your call will be returned the next business day. Mary Washington Medicare Advantage is an HMO plan with a Medicare contract. Enrollment in Mary Washington Medicare Advantage depends on contract renewal. You must continue to pay your Medicare Part B premium.