



# Sparrow Advantage (HMO-POS) offered by PHP Medicare

# **Annual Notice of Changes for 2021**

You are currently enrolled as a member of **Sparrow Advantage** (**HMO-POS**). Next year, there will be some changes to the plan's costs and benefits. *This booklet tells about the changes*.

• You have from October 15 until December 7 to make changes to your Medicare coverage for next year.

WI	hat to do now
1.	ASK: Which changes apply to you
	Check the changes to our benefits and costs to see if they affect you.
	• It's important to review your coverage now to make sure it will meet your needs next year.
	• Do the changes affect the services you use?
	• Look in Sections 1.5 and 1.6 for information about benefit and cost changes for our plan.
	Check the changes in the booklet to our prescription drug coverage to see if they affect you.
	• Will your drugs be covered?
	• Are your drugs in a different tier, with different cost sharing?
	• Do any of your drugs have new restrictions, such as needing approval from us before you fill your prescription?
	• Can you keep using the same pharmacies? Are there changes to the cost of using this pharmacy?
	• Review the 2021 Drug List and look in Section 1.6 for information about changes to our drug coverage.
	• Your drug costs may have risen since last year. Talk to your doctor about lower cost alternatives that may be available for you; this may save you in annual out-of-pocket costs throughout the year. To get additional information on drug prices visit <a href="Monthsquare: Go.Medicare.gov/DrugPrices">Go.Medicare.gov/DrugPrices</a> . These dashboards highlight which manufacturers have been increasing their prices and also show other year-to-year drug price information. Keep in mind that your plan benefits will determine exactly how much your own drug costs may change.
	Check to see if your doctors and other providers will be in our network next year.
	• Are your doctors, including specialists you see regularly, in our network?

- What about the hospitals or other providers you use? • Look in Section 1.3 for information about our Provider/Pharmacy Directory. ☐ Think about your overall health care costs. • How much will you spend out-of-pocket for the services and prescription drugs you use regularly? • How much will you spend on your premium and deductibles? How do your total plan costs compare to other Medicare coverage options? ☐ Think about whether you are happy with our plan. **2. COMPARE:** Learn about other plan choices ☐ Check coverage and costs of plans in your area. • Use the personalized search feature on the Medicare Plan Finder at www.Medicare.gov/plan-compare website. • Review the list in the back of your Medicare & You handbook. • Look in Section 2 to learn more about your choices. Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan's website.
- 3. CHOOSE: Decide whether you want to change your plan
  - If you don't join another plan by December 7, 2020, you will be enrolled in **Sparrow Advantage**.
  - To change to a **different plan** that may better meet your needs, you can switch plans between October 15 and December 7.
- 4. ENROLL: To change plans, join a plan between October 15 and December 7, 2020
  - If you don't join another plan by **December 7, 2020**, you will be enrolled in **Sparrow Advantage**.
  - If you join another plan by **December 7, 2020**, your new coverage will start on **January 1, 2021**. You will be automatically disenrolled from your current plan.

#### **Additional Resources**

- Please contact our customer service number at 844.529.3757 for additional information. TTY users should call 711. Hours are 8 a.m. to 8 p.m., seven days a week. You may reach a messaging service on weekends from April 1 through September 30 and holidays. Please leave a message and your call will be returned the next business day.
- This document may be available in other formats such as braille, large print, or other alternate formats.

• Coverage under this Plan qualifies as Qualifying Health Coverage (QHC) and satisfies the Patient Protection and Affordable Care Act's (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at <a href="https://www.IRS.gov/Affordable-Care-Act/Individuals-and-Families">www.IRS.gov/Affordable-Care-Act/Individuals-and-Families</a> for more information.

#### **About Sparrow Advantage**

- PHP Medicare is an HMO-POS with a Medicare contract. Enrollment in PHP Medicare depends on contract renewal.
- When this booklet says "we," "us," or "our," it means PHP Medicare. When it says "plan" or "our plan," it means Sparrow Advantage.

### **Summary of Important Costs for 2021**

The table below compares the 2020 costs and 2021 costs for Sparrow Advantage in several important areas. **Please note this is only a summary of changes**. A copy of the *Evidence of Coverage* is located on our website at Member.phpmedicare.com. You may also call Customer Service to ask us to mail you an *Evidence of Coverage*.

Cost	2020 (this year)	2021 (next year)
Monthly plan premium*	\$0	\$0
* Your premium may be higher or lower than this amount. See Section 1.1 for details.		
Maximum out-of-pocket amount	In-Network	In-Network
This is the <u>most</u> you will pay	\$3,800	\$3,800
out-of-pocket for your covered Part A and Part B services. (See Section 1.2 for details.)	Out-Of-Network \$6,700 out-of-network only, not combined with in-network maximum out-of-pocket amount.	Out-Of-Network \$6,700 out-of-network only, not combined with in-network maximum out-of-pocket amount.
Doctor office visits	In-Network	In-Network
	Primary care visits: \$5 per visit	Primary care visits: \$5 per visit
	Specialist visits: \$30 per visit	Specialist visits: \$30 per visit
	Out-Of-Network	Out-Of-Network
	Primary care visits: Not covered	Primary care visits: Not covered
	Specialist visits: 20% coinsurance	Specialist visits: 20% coinsurance

#### Cost **2020** (this year) **2021** (next year) **Inpatient hospital stays In-Network In-Network** Includes inpatient acute, inpatient \$200 copay per day: \$200 copay per day: rehabilitation, long-term care Days 1-7 for each stay. Days 1-7 for each stay. hospitals and other types of inpatient hospital services. \$0 copay per day: Days 8 \$0 copay per day: Days 8 Inpatient hospital care starts the and beyond for each stay. and beyond for each stay. day you are formally admitted to the hospital with a doctor's order. **Out-Of-Network Out-Of-Network** 20% co-insurance per 20% co-insurance per The day before you are discharged day, per stay day, per stay is your last inpatient day. Part D prescription drug Deductible: \$0 Deductible: \$0 Copay/Coinsurance coverage Copay/Coinsurance during the Initial during the Initial (See Section 1.6 for details.) Coverage Stage: Coverage Stage: **Preferred Retail Preferred Retail** Pharmacy 30-day Pharmacy 30-day Supply Supply Drug Tier 1: \$0 copay Drug Tier 1: \$0 copay Drug Tier 2: \$0 copay Drug Tier 2: \$0 copay Drug Tier 3: \$40 Drug Tier 3: \$40 copay copay Drug Tier 4: \$90 Drug Tier 4: \$90 copay copay Drug Tier 5: 33% Drug Tier 5: 33% coinsurance coinsurance **Standard Retail Standard Retail** Pharmacy 30-day Pharmacy 30-day **Supply** Supply Drug Tier 1: \$5 copay Drug Tier 1: \$5 copay Drug Tier 2: \$10 Drug Tier 2: \$10 copay copay Drug Tier 3: \$45 Drug Tier 3: \$45 copay copay Drug Tier 4: \$95 Drug Tier 4: \$95 copay copay Drug Tier 5: 33% Drug Tier 5: 33% coinsurance coinsurance

# Annual Notice of Changes for 2021 Table of Contents

Summary of I	mportant Costs for 2021	1
SECTION 1	Changes to Benefits and Costs for Next Year	4
Section 1.1	- Changes to the Monthly Premium	4
Section 1.2	- Changes to Your Maximum Out-of-Pocket Amount	4
Section 1.3	Changes to the Provider Network	5
Section 1.4	- Changes to the Pharmacy Network	6
Section 1.5	- Changes to Benefits and Costs for Medical Services	6
Section 1.6	- Changes to Part D Prescription Drug Coverage	11
SECTION 2	Deciding Which Plan to Choose	14
Section 2.1	If you want to stay in Sparrow Advantage	14
Section 2.2	– If you want to change plans	14
SECTION 3	Deadline for Changing Plans	15
SECTION 4	Programs That Offer Free Counseling about Medicare	15
SECTION 5	Programs That Help Pay for Prescription Drugs	15
SECTION 6	Questions?	16
Section 6.1	Getting Help from Sparrow Advantage	16
Section 6.2	- Getting Help from Medicare	17

#### **SECTION 1 Changes to Benefits and Costs for Next Year**

#### **Section 1.1 – Changes to the Monthly Premium**

Cost	2020 (this year)	2021 (next year)
Monthly plan premium	\$0	\$0
(You must also continue to pay your Medicare Part B premium.) There is no change for the upcoming benefit year.		

- Your monthly plan premium will be *more* if you are required to pay a lifetime Part D late enrollment penalty for going without other drug coverage that is at least as good as Medicare drug coverage (also referred to as "creditable coverage") for 63 days or more.
- If you have a higher income, you may have to pay an additional amount each month directly to the government for your Medicare prescription drug coverage.
- Your monthly premium will be *less* if you are receiving "Extra Help" with your prescription drug costs. Please see Section 7 regarding "Extra Help" from Medicare.

# Section 1.2 – Changes to Your Maximum Out-of-Pocket Amount

To protect you, Medicare requires all health plans to limit how much you pay "out-of-pocket" during the year. This limit is called the "maximum out-of-pocket amount." Once you reach this amount, you generally pay nothing for covered Part A and Part B services for the rest of the year.

Cost	2020 (this year)	2021 (next year)
Maximum out-of-pocket amount Your costs for covered medical services (such as copays) count toward your maximum out-of- pocket amount. Your costs for prescription drugs do not count toward your maximum out-of- pocket amount. There is no change for the upcoming benefit year.	In-Network \$3,800	In-Network \$3,800 Once you have paid \$3,800 out of pocket for covered In-Network Part A and Part B services, you will pay nothing for your covered In-Network Part A and Part B services for the rest of the calendar year.
	Out-Of-Network \$6,700 out-of-network only, not combined with in-network maximum out-of-pocket amount.	Out-Of-Network \$6,700 out-of-network only, not combined with in-network maximum out-of-pocket amount. Once you have paid \$6,700 out of pocket for covered Out-Of- Network Part A and Part B services, you will pay nothing for your covered Out-Of-Network Part A and Part B services for the rest of the calendar year.

## Section 1.3 – Changes to the Provider Network

There are changes to our network of providers for next year. An updated Provider/Pharmacy Directory is located on our website at <a href="Member.phpmedicare.com">Member.phpmedicare.com</a>. You may also call Customer Service for updated provider information or to ask us to mail you a Provider/Pharmacy Directory. Please review the 2021 Provider/Pharmacy Directory to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network.

It is important that you know that we may make changes to the hospitals, doctors and specialists (providers) that are part of your plan during the year. There are a number of reasons why your provider might leave your plan, but if your doctor or specialist does leave your plan you have certain rights and protections summarized below:

- Even though our network of providers may change during the year, we must furnish you with uninterrupted access to qualified doctors and specialists.
- We will make a good faith effort to provide you with at least 30 days' notice that your provider is leaving our plan so that you have time to select a new provider.
- We will assist you in selecting a new qualified provider to continue managing your health care needs.
- If you are undergoing medical treatment you have the right to request, and we will work with you to ensure, that the medically necessary treatment you are receiving is not interrupted.
- If you believe we have not furnished you with a qualified provider to replace your previous provider or that your care is not being appropriately managed, you have the right to file an appeal of our decision.
- If you find out your doctor or specialist is leaving your plan, please contact us so we can assist you in finding a new provider to manage your care.

#### Section 1.4 – Changes to the Pharmacy Network

Amounts you pay for your prescription drugs may depend on which pharmacy you use. Medicare drug plans have a network of pharmacies. In most cases, your prescriptions are covered *only* if they are filled at one of our network pharmacies. Our network includes pharmacies with preferred cost sharing, which may offer you lower cost sharing than the standard cost sharing offered by other network pharmacies for some drugs.

There are changes to our network of pharmacies for next year. An updated Provider/Pharmacy Directory is located on our website at <a href="Member.phpmedicare.com">Member.phpmedicare.com</a>. You may also call Customer Service for updated provider information or to ask us to mail you a Provider/Pharmacy Directory. Please review the 2021 Provider/Pharmacy Directory to see which pharmacies are in our network.

#### Section 1.5 – Changes to Benefits and Costs for Medical Services

We are changing our coverage for certain medical services next year. The information below describes these changes. For details about the coverage and costs for these services, see Chapter 4, *Medical Benefits Chart (what is covered and what you pay)*, in your 2021 Evidence of Coverage.

Cost	2020 (this year)	2021 (next year)
Acupuncture for chronic low back pain	In-Network A referral from your PCP is required.  Prior authorization is not required.	In-Network A referral from your PCP is not required.  Prior authorization is required.
Dental services	In-Network Your plan covers the following preventive dental services when provided by a DentaQuest contracted dental provider:  • Periodic oral evaluations - two every calendar year  • Horizontal bitewing x-ray images (up to four) - once every calendar year  • Routine cleaning - two every calendar year  • Fluoride treatments - one every calendar year  • Fluoride treatments - one every calendar year	In-Network Your plan covers the following preventive dental services when provided by a DentaQuest contracted dental provider:  • Periodic oral, limited oral evaluation, comprehensive oral exam - two every calendar year  • Horizontal bitewing x-ray images (up to four) - once every calendar year  • Routine cleaning - two every calendar year  • Fluoride treatments (topical application) - one every calendar year  We made changes to how we report dental services benefits to Medicare to add more detail. However, this benefit did not change.

Cost	2020 (this year)	2021 (next year)
Diabetes self-management training, diabetic services and supplies	Prior authorization is required for therapeutic custom-molded shoes and inserts.	Prior authorization is required for some items (e.g., diabetic custommolded shoes and inserts, insulin pumps, continuous glucose monitors and their associated supplies such as sensors, transmitters, receivers, and readers).
Hearing Services	Out-Of-Network Hearing aid(s) are not covered.	Out-Of-Network You pay a \$0 copay for up to two hearing aids every two calendar years (both ears combined). Your plan provides a \$1,000 allowance toward these hearing aids. You pay a \$0 copay for one fitting/evaluation for hearing aids every two
		calendar years.  This benefit (hearing aids and fitting/evaluation for hearing aids) is combined In-Network and Out-Of-Network.
Help with certain chronic conditions	In-Network You pay a \$0 copay for diabetic eye exams and a \$30 copay for all other Medicare-covered eye exams (performed by a specialist such as an ophthalmologist or optometrist).	In-Network You pay a \$0 copay for diabetic eye exams and a \$30 copay for all other Medicare-covered eye exams (performed by a specialist such as an ophthalmologist or optometrist).
		We made changes to how we report this benefit to Medicare. However, what you pay did not change.

2020 (this year)	<b>2021</b> (next year)
In-Network Meals are not covered.	In-Network You pay a \$0 copay for 28 meals (2 meals per day for 14 days) delivered directly to the home after each discharge from an Inpatient Acute or Skilled Nursing Facility stay.  There is an annual limit of 2 discharges for a total of 56 meals per year.  Service provided through
Out-Of-Network Meals are <u>not</u> covered.	GA Foods.  Out-Of-Network  Meals are not covered.
In-Network You pay a \$0 copay for diagnostic mammograms.	In-Network You pay a \$0 copay for diagnostic mammograms.
You pay 20% of the total cost for Medicare-covered diagnostic radiology services (not including x-	You pay a \$100 copay for high tech diagnostic radiology services (i.e., MRI, PET, CT).
rays).	You pay a \$20 copay for other Medicare-covered diagnostic radiology services (not including x-rays).
If you receive multiple services at the same location on the same day, individual service level copays may apply.	If you receive multiple services at the same location on the same day, only the maximum copay applies.
	In-Network Meals are not covered.  Out-Of-Network Meals are not covered.  In-Network You pay a \$0 copay for diagnostic mammograms.  You pay 20% of the total cost for Medicare-covered diagnostic radiology services (not including x-rays).  If you receive multiple services at the same location on the same day, individual service level

Cost	2020 (this year)	2021 (next year)
Over-the-counter items	In-Network There is a quarterly credit of \$55. Up to two orders per quarter with no rollover of dollars from quarter to quarter.	In-Network There is a quarterly credit of \$50. Up to two orders per quarter with no rollover of dollars from quarter to quarter.
Physician/Practitioner services, including doctor's office visits	In-Network Additional telehealth services are not covered.	In-Network You pay a \$0 copay for primary care provider telehealth visits.  You pay a \$30 copay for mental health/psychiatric telehealth visits. Prior authorization is required.
	Out-Of-Network Additional telehealth services are <u>not</u> covered.	Out-Of-Network Additional telehealth services are <u>not</u> covered.
Referral requirements	In-Network Referral requirements apply for in-network services. See your 2020 Evidence of Coverage for specific requirements.	In-Network In-network services do <u>not</u> require a referral.
	Out-Of-Network Referral requirements apply for out-of-network services. See your 2020 Evidence of Coverage for specific requirements.	Out-Of-Network Referral requirements apply for out-of-network services. See your 2021 Evidence of Coverage for specific requirements.

Cost	2020 (this year)	2021 (next year)
Vision Care	In-Network Your plan pays up to \$200 for lenses, frames, or contact lenses.	In-Network Your plan pays up to \$200 combined for lenses, frames, eyeglasses (lenses and frames), and contact lenses.

#### Section 1.6 – Changes to Part D Prescription Drug Coverage

#### **Changes to Our Drug List**

Our list of covered drugs is called a Formulary or "Drug List." A copy of our Drug List is provided electronically. **You can get the** *complete* **Drug List** by calling Customer Service (see the back cover) or visiting our website <u>Member.phpmedicare.com</u>.

We made changes to our Drug List, including changes to the drugs we cover and changes to the restrictions that apply to our coverage for certain drugs. Review the Drug List to make sure your drugs will be covered next year and to see if there will be any restrictions.

If you are affected by a change in drug coverage, you can:

- Work with your doctor (or other prescriber) and ask the plan to make an exception to cover the drug.
  - o To learn what you must do to ask for an exception, see Chapter 9 of your Evidence of Coverage (What to do if you have a problem or complaint (coverage decisions, appeals, complaints)) or call Customer Service.
- Work with your doctor (or other prescriber) to find a different drug that we cover. You can call Customer Service to ask for a list of covered drugs that treat the same medical condition.

In some situations, we are required to cover a temporary supply of a non-formulary drug in the first 90 days of the plan year or the first 90 days of membership to avoid a gap in therapy. (To learn more about when you can get a temporary supply and how to ask for one, see Chapter 5, Section 5.2 of the *Evidence of Coverage*.) During the time when you are getting a temporary supply of a drug, you should talk with your doctor to decide what to do when your temporary supply runs out. You can either switch to a different drug covered by the plan or ask the plan to make an exception for you and cover your current drug.

Formulary exception approvals are typically valid for 12 months.

Most of the changes in the Drug List are new for the beginning of each year. However, during the year, we might make other changes that are allowed by Medicare rules.

When we make these changes to the Drug List during the year, you can still work with your doctor (or other prescriber) and ask us to make an exception to cover the drug. We will also continue to update our online Drug List as scheduled and provide other required information to reflect drug changes. (To learn more about changes we may make to the Drug List, see Chapter 5, Section 6, of the *Evidence of Coverage*.)

#### **Changes to Prescription Drug Costs**

*Note:* If you are in a program that helps pay for your drugs ("Extra Help"), **the information about costs for Part D prescription drugs may not apply to you.** We sent you a separate insert, called the "Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs" (also called the "Low Income Subsidy Rider" or the "LIS Rider"), which tells you about your drug costs. If you receive "Extra Help" and haven't received this insert by September 28, 2020, please call Customer Service and ask for the "LIS Rider." Phone numbers for Customer Service are in Section 6.1 of this booklet.

There are four "drug payment stages." How much you pay for a Part D drug depends on which drug payment stage you are in. (You can look in Chapter 6, Section 2 of your *Evidence of Coverage* for more information about the stages.)

The information below shows the changes for next year to the first two stages – the Yearly Deductible Stage and the Initial Coverage Stage. (Most members do not reach the other two stages – the Coverage Gap Stage or the Catastrophic Coverage Stage. To get information about your costs in these stages, look at Chapter 6, Sections 6 and 7, in the *Evidence of Coverage*, which is located on our website at Member.phpmedicare.com. You may also call Customer Service to ask us to mail you an *Evidence of Coverage*.)

#### **Changes to the Deductible Stage**

Stage	2020 (this year)	2021 (next year)
Stage 1: Yearly Deductible Stage	Because we have no deductible, this payment stage does not apply to you.	Because we have no deductible, this payment stage does not apply to you.

#### Changes to Your Cost Sharing in the Initial Coverage Stage

To learn how copays and coinsurance work, look at Chapter 6, Section 1.2, Types of out-of-pocket costs you may pay for covered drugs in your Evidence of Coverage.

Stage	2020 (this year)	2021 (next year)
Stage 2: Initial Coverage Stage During this stage, the plan	Your cost for a one-month supply at a network pharmacy:	Your cost for a one-month supply at a network pharmacy:
During this stage, the plan pays its share of the cost of your drugs and you pay your share of the cost.	Preferred Generic: Standard cost sharing: You pay \$5 per prescription. Preferred cost sharing:	Preferred Generic: Standard cost sharing: You pay \$5 per prescription. Preferred cost sharing:
The costs in this row are for a one-month (30-day) supply	You pay \$0 per prescription.	You pay \$0 per prescription.
when you fill your prescription at a network pharmacy. For information about the costs for a long-term supply, or for mail-order prescriptions, look in Chapter	Generic: Standard cost sharing: You pay \$10 per prescription. Preferred cost sharing: You pay \$0 per prescription.	Generic: Standard cost sharing: You pay \$10 per prescription. Preferred cost sharing: You pay \$0 per prescription.
6, Section 5 of your <i>Evidence</i> of Coverage.	Preferred Brand: Standard cost sharing:	Preferred Brand: Standard cost sharing:
We changed the tier for some of the drugs on our Drug List. To see if your drugs will be in a different tier, look them up	You pay \$45 per prescription.  Preferred cost sharing: You pay \$40 per prescription.	You pay \$45 per prescription.  Preferred cost sharing: You pay \$40 per prescription.
on the Drug List.	Non-Preferred Brand: Standard cost sharing: You pay \$95 per prescription. Preferred cost sharing: You pay \$90 per prescription.	Non-Preferred Brand: Standard cost sharing: You pay \$95 per prescription. Preferred cost sharing: You pay \$90 per prescription.
	Specialty Tier: Standard cost sharing: You pay 33% of the total cost. Preferred cost sharing: You pay 33% of the total cost.	Specialty Tier: Standard cost sharing: You pay 33% of the total cost. Preferred cost sharing: You pay 33% of the total cost.
	Once your total drug costs have reached \$4,020, you will move to the next stage (the Coverage Gap Stage).	Once your total drug costs have reached \$4,130, you will move to the next stage (the Coverage Gap Stage).

#### **Changes to the Coverage Gap and Catastrophic Coverage Stages**

The other two drug coverage stages – the Coverage Gap Stage and the Catastrophic Coverage Stage – are for people with high drug costs. **Most members do not reach the Coverage Gap Stage or the Catastrophic Coverage Stage**. For information about your costs in these stages, look at Chapter 6, Sections 6 and 7, in your *Evidence of Coverage*.

#### **SECTION 2 Deciding Which Plan to Choose**

#### Section 2.1 – If you want to stay in Sparrow Advantage

**To stay in our plan you don't need to do anything.** If you do not sign up for a different plan or change to Original Medicare by December 7, you will automatically stay enrolled as a member of our plan for 2021.

#### Section 2.2 – If you want to change plans

We hope to keep you as a member next year but if you want to change for 2021 follow these steps:

#### Step 1: Learn about and compare your choices

- You can join a different Medicare health plan timely,
- *OR*-- You can change to Original Medicare. If you change to Original Medicare, you will need to decide whether to join a Medicare drug plan. If you do not enroll in a Medicare drug plan, please see Section 2.1 regarding a potential Part D late enrollment penalty.

To learn more about Original Medicare and the different types of Medicare plans, read *Medicare* & *You* 2021, call your State Health Insurance Assistance Program (see Section 4), or call Medicare (see Section 6.2).

You can also find information about plans in your area by using the Medicare Plan Finder on the Medicare website. Go to <a href="www.Medicare.gov/plan-compare">www.Medicare.gov/plan-compare</a>. Here, you can find information about costs, coverage, and quality ratings for Medicare plans.

#### **Step 2: Change your coverage**

- To **change to a different Medicare health plan**, enroll in the new plan. You will automatically be disenrolled from Sparrow Advantage.
- To **change to Original Medicare with a prescription drug plan**, enroll in the new drug plan. You will automatically be disenrolled from Sparrow Advantage.
- To change to Original Medicare without a prescription drug plan, you must either:

- o Send us a written request to disenroll. Contact Customer Service if you need more information on how to do this (phone numbers are in Section 6.1 of this booklet).
- o -or Contact **Medicare**, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week, and ask to be disenrolled. TTY users should call 1-877-486-2048.

#### **SECTION 3 Deadline for Changing Plans**

If you want to change to a different plan or to Original Medicare for next year, you can do it from **October 15 until December 7.** The change will take effect on January 1, 2021.

#### Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. For example, people with Medicaid, those who get "Extra Help" paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area may be allowed to make a change at other times of the year. For more information, see Chapter 10, Section 2.3 of the *Evidence of Coverage*.

If you enrolled in a Medicare Advantage plan for January 1, 2021, and don't like your plan choice, you can switch to another Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without Medicare prescription drug coverage) between January 1 and March 31, 2021. For more information, see Chapter 10, Section 2.2 of the *Evidence of Coverage*.

# **SECTION 4 Programs That Offer Free Counseling about Medicare**

The State Health Insurance Assistance Program (SHIP) is a government program with trained counselors in every state. In Michigan, the SHIP is called Michigan Medicare/Medicaid Assistance Program (MMAP).

MMAP is independent (not connected with any insurance company or health plan). It is a state program that gets money from the Federal government to give **free** local health insurance counseling to people with Medicare.

MMAP counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can call MMAP at 800.803.7174. You can learn more about MMAP by visiting their website <a href="https://www.mmapinc.org">www.mmapinc.org</a>.

# **SECTION 5 Programs That Help Pay for Prescription Drugs**

You may qualify for help paying for prescription drugs.

- "Extra Help" from Medicare. People with limited incomes may qualify for "Extra Help" to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs including monthly prescription drug premiums, annual deductibles, and coinsurance. Additionally, those who qualify will not have a coverage gap or late enrollment penalty. Many people are eligible and don't even know it. To see if you qualify, call:
  - o 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day/7 days a week;
  - o The Social Security Office at 1-800-772-1213 between 7 am and 7 pm, Monday through Friday. TTY users should call, 1-800-325-0778 (applications); or
  - o Your State Medicaid Office (applications).
- Prescription Cost-sharing Assistance for Persons with HIV/AIDS. The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through the Michigan Drug Assistance Program. For information on eligibility criteria, covered drugs, or how to enroll in the program, please contact:

Attn: Michigan Drug Assistance Program
HIV Care Section
Division of Health, Wellness and Disease Control
Michigan Department of Health and Human Services
109 Michigan Ave., 9<sup>th</sup> Floor
Lansing, MI 48913

Phone: 888.826.6565 Fax: 517.335.7723

For information on eligibility criteria, covered drugs, or how to enroll in the program, please call Michigan ADAP at 888.826.6565.

#### **SECTION 6 Questions?**

# Section 6.1 – Getting Help from Sparrow Advantage

Questions? We're here to help. Please call Customer Service at 844.529.3757. (TTY only, call 711). We are available for phone calls seven days a week from 8 a.m. to 8 p.m. You may reach a messaging service on weekends from April 1 through September 30 and holidays. Please leave a message and your call will be returned the next business day. Calls to these numbers are free.

# Read your 2021 *Evidence of Coverage* (it has details about next year's benefits and costs)

This *Annual Notice of Changes* gives you a summary of changes in your benefits and costs for 2021. For details, look in the 2021 *Evidence of Coverage* for Sparrow Advantage. The *Evidence of Coverage* is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the *Evidence of Coverage* is located on our website at Member.phpmedicare.com. You may also call Customer Service to ask us to mail you an *Evidence of Coverage*.

#### Visit our Website

You can also visit our website at <u>Member.phpmedicare.com</u>. As a reminder, our website has the most up-to-date information about our provider network (Provider/Pharmacy Directory) and our list of covered drugs (Formulary/Drug List).

#### **Section 6.2 – Getting Help from Medicare**

To get information directly from Medicare:

#### Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

#### **Visit the Medicare Website**

You can visit the Medicare website (<u>www.Medicare.gov</u>). It has information about cost, coverage, and quality ratings to help you compare Medicare health plans. You can find information about plans available in your area by using the Medicare Plan Finder on the Medicare website. (To view the information about plans, go to <u>www.Medicare.gov/plancompare</u>).

#### Read Medicare & You 2021

You can read the *Medicare & You 2021* Handbook. Every year in the fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this booklet, you can get it at the Medicare website (Medicare.gov) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

# Member.PHPMedicare.com

Toll-free: 844.529.3757 TTY users call: 711, 8 a.m. to 8 p.m., seven days a week\*

PO Box 7119 Troy, MI. 48007

\*You may reach a messaging service on weekends from April 1 through September 30 and holidays. Please leave a message, and your call will be returned the next business day.

Sparrow Advantage is an HMO-POS plan with a Medicare contract. Enrollment in Sparrow Advantage depends on contract renewal. This information is not a complete description of benefits. Call 844.529.3757 (TTY: 711) for more information.

PHP Medicare complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.